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TRANSFIGURATION SUNDAY C

2nd March 2025

A short act of worship and daily devotions

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Opening Prayers

Lord, the light of your love is shining,
Shining in this place,
Shining in my heart.
In the midst of the darkness and fear, the loneliness and hate,
May I be a beacon of your love, shining out today.

Pause, and use these precious moments to still your mind, to focus on God's love for you, and to listen to what the Spirit might be prompting in you as you worship this day.

Amen.

Hymn:

55 STF – Immortal, invisible, God only wise - [YouTube](#)

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You may now wish to say the Lord's Prayer in a version or translation with which you are familiar.

Readings: Luke 9:28-36 – [Click for reading](#)

Responding to the readings

The story of the Transfiguration in today's Gospel reading is one of the most mysterious and awe-inspiring moments in the New Testament. Jesus, standing on the mountain, is transfigured – his face shining, his clothes dazzling white, while Moses and Elijah appear alongside him. It's a moment of divine revelation, a glimpse of Jesus's true nature, and yet, like so many moments of God's grace, it is fleeting. The disciples are overwhelmed, Peter stumbles over his words, and in an instant, everything returns to normal. But they are changed.

This passage speaks deeply to our journey of discipleship. It reminds us that encounters with God's grace – whether through beauty, insight, love, or justice – may be brief, but they have the power to transform us if we let them.

Peter's reaction to this overwhelming experience is deeply human. He wants to stay in the moment, to build shelters, to capture and contain the experience. How often do we try to do the same? We long to hold onto moments of clarity, peace, or joy, afraid they might fade away. But the grace of God is not something we can control or confine. It is freely given, often unexpected, and calls us not to stay on the mountaintop but to go back down into the world, changed.

Reflect on your own life...when have you had moments of spiritual clarity or deep connection with God? Were they brief? Did you try to hold onto them? How did they change you?

At the height of this extraordinary vision, a voice from the cloud declares, this is my Son, my Chosen; listen to him! This command to listen is crucial. The disciples, and we as followers of Christ, are called not just to witness God's glory but to pay attention, to listen to the teachings of Jesus, to allow his words to shape our lives.

Listening is an act of grace. It requires humility, openness, and the willingness to be changed. In a noisy world, where distractions are constant and certainty is often prized over curiosity, how can you cultivate a heart that listens? Are there voices – especially those on the margins of society – through which Christ might be speaking to you?

After this divine moment, Jesus leads his disciples back down the mountain, back into the everyday world where suffering, injustice, and need await. The Transfiguration wasn't meant to be a private, mystical experience – it was a preparation for the work of love and justice that Jesus was about to face, leading to the cross.

This is the challenge of discipleship. We don't seek God's grace just for ourselves, to bask in its glow; we receive it so that we might be empowered to go back into the world and reflect it to others. Where is God calling you to bring the grace you have received? Who in your life or community needs to see the light of Christ through your words and actions?

The Transfiguration reminds us that God's grace is transformative. It invites us to be open to moments of divine encounter, to listen deeply, and to take what we have received into the world. As you reflect on this passage, may you be inspired to seek God's presence in both the extraordinary and the ordinary, knowing that each moment of grace is an invitation to deeper discipleship.

Questions for Reflection:

1. When have you experienced a moment of God's grace that changed you?
2. How might you cultivate a deeper practice of listening to God, to others, and to your own heart?
3. Where is God calling you to bring the light of grace into the world today?

May you be encouraged to embrace the mystery of God's grace, listen deeply, and follow Christ back down the mountain, carrying His light into the world.

Hymn:

503 STF – Love divine, all loves excelling - [YouTube](#)

Blessing

Until we stand before him, casting our crowns, lost in wonder, love and praise,
Until then, we have much work to do, to build a kingdom of love here on earth.

Give me the courage this day as I go, O God,

Amen.

Prayers and Prayer Pointers

Monday 3rd March

- Pour a glass of water.
- Think about the things you do that get in the way of your relationship with God. You might think it muddies the water of your life, but God forgives us for all these things, and offers us living water.
- Drink some of the water and give thanks for the way God reaches out to you with love and forgiveness.

Tuesday 4th March

- Hold a moment of stillness.
- Use the space, and the quiet, to offer up your worries to God.
- Experiment with what it feels like to try to let go of these worries as you pray.

Wednesday 5th March

- Find a Psalm in the Bible, or by looking one up online (if you don't know where to start, you could try Psalm 23 or 130).
- How do these words, written centuries ago, speak to you today? How are they helpful, or unhelpful?
- Offer your reflections to God in prayer.

Thursday 6th March

- On this day in 1984, a walkout in a colliery in Rotherham sparked the miners strike of 1984-5.
- Today we pray for all involved in decision making, particularly those whose decisions affect the poorest and most vulnerable. Lord, bring wisdom and grace to those with the power to make a difference.
- We pray too for all who are striking, considering striking, or finding other ways to stand up to the injustices they see in the world. Give us all the courage we need to play our part in making the world a better, safer, kinder place.

Friday 7th March

- On this day in 1876, Alexander Graham Bell was granted a patent for the invention of the telephone. Today we give thanks for the miracle of technology that allows us to stay connected, with each other and across the world.
- But we also pray for all of us, as we are affected by the damaging and problematic side of modern technologies, where phones are very different to how Alexander Graham Bell imagined them, and the dangers of exposure to social media, online bullying, hacking and the challenges of being constantly connected are playing into our own mental health issues.
- Help us to use the inventions and tools we have for good, to spread grace and peace and love, in your name, Lord. Amen.

Saturday 8th March

- Think about how God is at work in the lives of everyone. You can see God shining out from all people.
- Remember this with the next person you speak to, and give thanks for the glimpses of God you see in them.